

Alcohol and Other Drugs Services (AODS) system of care is a planned, comprehensive approach for providing alcohol and other drug treatment and prevention services in Contra Costa County. The continuum of care benefits consumers and providers by combining administrative and clinical services in an integrated, coordinated system. The goal is to give clients high-quality yet cost effective care in a timely manner.

A vital function of the system of care is to identify and monitor client's health status. Because the severity of problems varies among individuals, AODS offers treatment options in different settings (modalities), several levels of treatment intensity, and a wide spectrum of services.

AODS system of care offers assessment, detoxification, outpatient counseling, narcotic treatment via methadone maintenance and detoxification, residential recover services, referrals to transitional housing and other ancillary services, services for pregnant and parenting women and their children, and primary prevention services.







INFORMATIONAL AND REFERRAL LINE

Contra Costa County /Informational and Referral Line 800-846-1652

Person(s) in Charge Gary Smith

Provides information on existing alcohol and other drug program services, in particular prevention services.

Hours of Operation: Monday thru Friday 8 am to 5 pm

Eligibility: Must be Contra Costa County resident.

Area Served: Countywide

Application Procedure: Call 1-800-846-1652

Transportation: n/a

ADA Accommodations: n/a



PREVENTION SERVICES

Prevention services are designed to assist communities, families and individuals to reduce and prevent substance abuse; to discourage youth access and use of alcohol, tobacco and other drugs; and to encourage communities to change conditions that contribute to substance abuse related problems.

Services are based on a community partnership model used to establish the County's Substance Abuse Plan and the Partnership for an Alcohol and Drug Free Contra Costa County in the early 1990's. The model is a public health systems approach to address environmental factors and risk factors within communities impacted by alcohol and drugs.

Services are free of charge, restricted to Contra Costa County residents, delivered at schools and communities by community-based agencies. The goal is to prevent substance abuse, to protect groups and communities from substance abuse problems, and to promote safe and healthy communities:

<u>Information Dissemination</u> - The Community partnership Program provides information, produce and disseminate materials, and support community-based campaigns to raise awareness of available resources and existing services.

<u>Alcohol and Drug Education</u> – Services aim to affect critical life and social skills, including decision –making, and refusal skills among general public and "high risk" groups.

Alcohol and Drug Free Events and Activities - Services aim to provide alcohol and drug free activities and training opportunities to develop leadership skills among youth, parents and the general public. Friday Night Live, Club Live, Youth Educator, parent Educator and Community Initiatives Programs are some examples.

<u>Community-Process Strategies</u> – Services aim to enhance the ability of communities to effectively provide prevention and treatment services for alcohol and drug abuse disorders. Activities include organizing, planning, and enhancing efficiency and effectiveness of service implementation, interagency collaboration, coalition building, networking and development of grass-roots leadership.

Environmental Strategies – Services aim to establish or change community standards as a way to influence the incidence and prevalence of the abuse of alcohol and other drugs in the general population. The Community Partnership Program provides technical assistance, training and resources to support the Partnership Forum Alliance and the Alcohol and Other Drugs Advisory Board Public Policy/Partnership Committee environmental initiatives. Some examples, mapping alcohol outlets and violations, tracking substance abuse problem indicators in Contra Costa, coordination and support of community initiatives.



DISCOVERY COUNSELING CENTER OF SAN RAMON VALLEY, INC

Discovery Counseling Center of San Ramon Valley, Inc. Treatment and Prevention 530 LaGonda Way, Suite A Danville, CA 94523

(925) 837-0505 (925) 837-0568 FAX

Person(s) in Charge:

Thom Martin

Provides alcohol abuse prevention, drug and alcohol information, referrals, workshops, and special programs in the school.

Hours of operation: Monday thru Friday 9 am to 5 pm

Fees: Prevention services are free. Sliding Fee Scale. No one will be denied services passed on inability to pay.

Eligibility: All ages. Must be Contra Costa resident.

Area Served: South County

Application Procedure: Contact Discovery Counseling or apply by telephone by calling 1-800-846-1652.

Transportation: From the Walnut Creek or Dublin BART Station, take County Connections Bus #121

ADA Accommodations: Wheelchair accessibility, and parking for handicap.

Language: English, Hebrew, Hindi, and Italian



CENTER FOR HUMAN DEVELOPMENT

Center for Human Development Antioch Office Rivertown Resource Center 301 W. Tenth Street Antioch, CA 94509

(925) 753-1004 Ext. 103 (925) 753-1004 FAX

Person(s) in Charge:

Anita Marquez

CHD offers school-based prevention programs that involve leadership development, capacity building, alcohol and drug abuse education, and alcohol and drug free events and activities.

Hours of Operation: Monday thru Friday 9 am to 5 pm

Fees: Prevention services are free.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa County

resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652

Transportation: Take Tri-Delta Transit's Bus #388, stops across street from

Riverton Resource Center, 301 W, 10th Street, location of CHD.

ADA Accommodations: Wheelchair accessibility

Language: English only.



CENTER FOR HUMAN DEVELOPMENT

Center for Human Development Headquarters

391 Taylor Blvd., Suite #120 Pleasant Hill, CA 94523

(925) 687-8844 (925) 687-6903

Person(s) in Charge:

Elaine Prendergast

CHD offers school-based prevention programs that involve leadership development, capacity building, alcohol and drug abuse education, and alcohol and drug free events and activities.

Hours of Operation: Monday thru Friday 8:30 am to 5 pm

Fees: Prevention services are free.

Eligibility: Youth 11-18, adults. Must be Contra Costa County resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652

Transportation: From Martinez, Pine Street: Take County Connection Bus #118 to Diablo Valley College, transfer to County Connection Bus #109, get off at Taylor and Norse, walk across street to Lucille. From Downtown Concord BART (off Clayton Road): Take County connection Bus#110 to Diablo Valley College, transfer as in directions above. From North Concord/Martinez BART: Take County Connection Bus #108 to Diablo Valley College, transfer as in directions above. From Pleasant hill BART: Take County Connection Bus #109 to Taylor and Norse, get off and walk across street to Lucille.

ADA Accommodations: Wheelchair accessibility

Language: English only



COMMUNITY PARTNERSHIP PROGRAM

Community Substance Abuse Services Administration Community Partnership Program

597 Center Avenue, Suite #320 Martinez, CA 94553

(925) 313-6311 (925) 313-6390 FAX

Person(s) in Charge:

Fatima Matal Sol

The Community Partnership Program provides technical assistance, training, and resources to regional substance abuse alcohol and drug abuse prevention coalitions and grassroots organizations. The Community Partnership approach to substance abuse prevention is based on coalition building, collaboration, and environmental strategies to promote. "A Drug and Alcohol Free Contra Costa County". The Community Partnership Forum, an alliance of local prevention groups works with Alcohol and Other Drugs Advisory Board to implement Contra Costa County's Substance Abuse Action Plan, to increase substance abuse treatment and prevention services for youth, to organize the recovery community, to advocate on behalf of clients and their families, and to increase support for public policy and environmental strategies aimed at the reduction of alcohol availability and youth access to alcohol.

Hours of Operation: Partnership Programs hours Monday-Friday 8am-5pm. Staff availability for evening and weekend activities subject to prior scheduling.

Fees: Prevention services are free of cost.

Eligibility: Contra Costa County residents, community-based groups coalitions and organizations, with emphasis on youth, persons in recovery and ethnic minorities.



New Connections Treatment and Prevention Programs

535 Marina Blvd. Pittsburg, CA 94565

(925) 439-7111 (925) 439-7127 FAX

Person(s) in Charge:

Alan Stein

Community and school-based prevention and treatment services for youth who are at risk of or are using/abusing drugs and /or alcohol, and their families. Provides an intensive outpatient counseling program for adults who are abusing or addicted to drugs and/or alcohol.

Hours of Operation: Monday thru Friday 12 pm to 5 pm and by appointment

Fees: Prevention services are free. Sliding Fee Scale for other counseling services. On one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa Resident.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pittsburg BART, take Tri-Delta bus #387

ADA Accommodations: Wheelchair accessibility



NEW CONNECTIONS

New Connections
Treatment and Prevention Programs
3024 Willow Pass Rd.
Concord. CA 94801

(925) 363-5000 (925) 363-5075

Person(s) in Charge:

Allan Stein

Community and school-based prevention and treatment services for youth who are at risk of or are using/abusing drugs and/or alcohol, and their families. Also provides an intensive outpatient counseling program for adults who are abusing or addicted to drugs and/or alcohol.

Hours of Operation:

Monday thru Thursday 9 am to 7 pm Fridays 9 am to 6 pm Saturdays by appointment only

Fees: Prevention services are free. Sliding Fee Scale for other counseling services. No one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa resident.

Area Served: Central County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Concord BART, 5 min. walk from station

ADA Accommodations: Wheelchair accessibility.



R.E.A.C.H. PROJECT

R.E.A.C.H Project
Treatment and Prevention

1915 "D" Street Antioch, CA 94509

(925) 754-3673 (925) 754-2002 R.E.A.C.H Project Treatment and Prevention 7351 B Brentwood Blvd. Brentwood, CA 94513

(925) 240-2045

Person(s) in Charge:

Mickie Marchetti

Person(s) in Charge: Mickie Marchetti

Provides counseling and prevention services for youth, families and adults with alcohol and drug abuse problems. Individual and family counseling, parent support groups, chemical dependency groups, communication skills, stress management for law enforcement, teachers, families, and classroom presentations.

Hours of Operation: Monday thru Friday 8:30 am to 5 pm

Fees: Prevention services are free. Sliding Fee Scale for counseling services. On one will be denied services based on inability to pay.

Eligibility: Co-ed, all ages. Must be Contra Costa resident.

Area Served: Antioch and Brentwood areas of East County.

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From the Bay Point BART Station, take Tri-Delta #380, get off at the Library on 18th St. and walk down to "D" St. (turn right)

ADA Accommodations:

Language: Spanish and English



TRI-CITIES DISCOVERY PROGRAM

Contra Costa County Tri-Cities Discovery Program 2523 El Portal Dr. Suite 206 San Pablo, CA

(925) 374-7011

Person(s) in Charge:

Dorothy Haynes

Provides prevention services to youth and Outpatient counseling for adults.

Hours of Operation: Monday thru Friday 8 am to 5 pm

(evening hours by appointment)

Fees: Prevention services are free. Sliding Fee Scales for counseling services.

No one will be denied services based on inability to pay.

Eligibility: Co-ed (men and women) all ages. Must be Contra Costa resident.

Area Served: West County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Near AC Transit Bus stop, Westcat.

ADA Accommodations: Wheelchair accessibility.

Language: English, Interpreter available by prior arrangement.



FAMILY STRESS CENTER

Family Stress

2086 Commerce Ave. Concord, CA 94520

(925) 827-0212 (925) 827-1122 FAX

Person(s) in Charge:

Barbara Bysiek

Offers alcohol and drug abuse education concerning issues relating to family communication problems, interpersonal relationships, for parents and their children 3-5.

Hours of Operation: Monday thru Friday 8 am to 6:30 pm

Saturdays by appointment only

Fees: Prevention services are free.

Eligibility: Co-ed, individuals, couples, families, children, teens (all ages). Must

be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Concord BART, then County Connection bus #118 (Stanwell)

ADA Accommodations: Wheel chair accessibility.



OUTPATIENT COUNSELING



Outpatient Counseling Programs offer flexible intensity of services based on the severity of the client's addiction. Different clinical track include individual, group and family activities, and relapse prevention. Convenient hours, including evening appointments, are available.



BORN FREE PROGRAM

Contra Costa County
Born Free Program
Perinatal Case Management
425 "C" Street
Martinez, Ca. 94553

(925) 646-1165 (925) 646-1374

Person in Charge:

Adrianne Appel

Needs assessment and referrals for high-risk women to alcohol/drug recovery programs. Referrals to WIC, doctors, pediatricians, obstetricians, housing, etc.

Hours of Operation: Monday thru Friday 8 am to 5 pm

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay. Medi-Cal accepted.

Eligibility: Pregnant and Parenting Women, and their Children 0-12 years of age. Must be contra Costa resident.

Area Served: Central and East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: from the Pleasant Hill or concord BART Station, take County

Connections bus #116

ADA Accommodations: Wheelchair Ramp only at Clinic

Language: English only



NEW CONNECTIONS

New Connections Treatment and Prevention Programs 3024 Willow Pass Rd. Concord, CA 94801

(925) 363-5000 (925) 363-5075

Person(s) in Charge:

Allan Stein

Community and school-based prevention and treatment services for youth who are at risk of or are using/abusing drugs and/or alcohol, and their families. Also provides an intensive outpatient counseling program for adults who are abusing or addicted to drugs and/or alcohol.

Hours of Operation:

Monday thru Thursday 9 am to 7 pm Fridays 9 am to 6 pm Saturdays by appointment only

Fees: Prevention services are free. Sliding Fee Scale for other counseling services. No one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa resident.

Area Served: Central County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Concord BART, 5 min. walk from station

ADA Accommodations: Wheelchair accessibility.



New Connections Treatment and Prevention Programs

535 Marina Blvd. Pittsburg, CA 94565

(925) 439-7111 (925) 439-7127 FAX

Person(s) in Charge:

Alan Stein

Community and school-based prevention and treatment services for youth who are at risk of or are using/abusing drugs and /or alcohol, and their families. Provides an intensive outpatient counseling program for adults who are abusing or addicted to drugs and/or alcohol.

Hours of Operation: Monday thru Friday 12 pm to 5 pm and by appointment

Fees: Prevention services are free. Sliding Fee Scale for other counseling services. On one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa Resident.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pittsburg BART, take Tri-Delta bus #387

ADA Accommodations: Wheelchair accessibility



R.E.A.C.H. PROJECT

R.E.A.C.H Project Treatment and Prevention

1915 "D" Street Antioch, CA 94509

(925) 754-3673 (925) 754-2002 R.E.A.C.H Project Treatment and Prevention 7351 B Brentwood Blvd. Brentwood, CA 94513

(925) 240-2045

Person(s) in Charge:

Mickie Marchetti

Person(s) in Charge: Mickie Marchetti

Provides counseling and prevention services for youth, families and adults with alcohol and drug abuse problems. Individual and family counseling, parent support groups, chemical dependency groups, communication skills, stress management for law enforcement, teachers, families, and classroom presentations.

Hours of Operation: Tuesday thru Friday 12 pm to 8 pm, Saturday 9 am to 5 pm and Monday by appointment

Fees: Prevention services are free. Sliding Fee Scale for counseling services. On one will be denied services based on inability to pay.

Eligibility: Co-ed, all ages. Must be Contra Costa resident.

Area Served: Antioch and Brentwood areas of East County.

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From the Bay Point BART Station, take Tri-Delta #380, get off at the Library on 18th St. and walk down to "D" St. (turn right)

ADA Accommodations: n/a

Language: Spanish and English



Ujima Family Recovery Services The Rectory

1901 Church Lane San Pablo, CA 94806

(510) 236-3134 (510) 236-3151 FAX

Person(s) in Charge:

Rita Bharuchi Schank

Residential drug and alcohol services for pregnant and parenting women. Parenting program, and childcare services are offered.

Services include assessment, treatment planning, addiction education, individual and group counseling, addictive family system education, pre-vocational skill building, specialized women's issues and health groups. Parenting education, child enrichment services and other perinatal related services.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and/or Parenting Women 18+ years of age and their Children 0-11 years old. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Del Norte BART, then take AC Transit Bus #72

ADA Accommodations: Wheelchair accessibility

Language: English only at the moment



TRI-CITIES DISCOVERY PROGRAM

Contra Costa County Tri-Cities Discovery Program 2523 El Portal Dr. Suite 206 San Pablo, CA

(925) 374-7011

Person(s) in Charge:

Dorothy Haynes

Provides prevention services to youth and Outpatient counseling for adults.

Hours of Operation: Monday thru Friday 8 am to 5 pm

(evening hours by appointment)

Fees: Prevention services are free. Sliding Fee Scales for counseling services.

No one will be denied services based on inability to pay.

Eligibility: Co-ed (men and women) all ages. Must be Contra Costa resident.

Area Served: West County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Near AC Transit Bus stop, Westcat.

ADA Accommodations: Wheelchair accessibility.

Language: English, Interpreter available by prior arrangement.



Ujima Family Recovery Services Ujima East

369 E. Leland Rd. Pittsburg, CA 94565

(925) 427-9100 (925) 427-9102

Person in Charge:

Naomi P. Smith

An out-patient intensive alcohol/drug counseling program that provides individual, group and family counseling; pregnancy support; parenting education; childcare; life skills education; 12 – Step support; relapse prevention education; and family reunification support.

Hour of Operation: Monday/Tuesday/Thursday/Friday 9 am to 1 pm

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and/or Parenting Women 18+ years of age and their children 0-17 years of age. Must be Contra Costa resident. Childcare provided to children 0-5 years of age.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pittsburg BART Station, take Tri-Delta Bus #380 to

Harbor and East Leland Avenue

ADA Accommodations: Wheelchair accessibility

Language: English only



Ujima Family Recovery Services Ujima West 3939 Bissell Street Richmond, CA 94805

Person(s) in Charge

Bettie Thomas

An outpatient alcohol/drug counseling program that provides individual, group and family counseling, pregnancy support, parenting education, child care, life skills education. 12-Step support relapse prevention education and family reunification support.

Hours of Operation: Monday thru Friday 8 am to 4:30 pm

Fees: Sliding Fee Scale. No one will be denied services based on inability to

pay.

Eligibility: Pregnant and/or Parenting Women 18+ and their Children 0-17 years of age. Child Care Provided to Children 0-5 years of age. Must be Contra Costa resident.

Area Served: West County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Take AC Transit bus #72 on San Pablo Avenue and #73 on

Macdonald Avenue

ADA Accommodations: Wheelchair accessibility



RESIDENTIAL RECOVERY



Residential Recovery programs are 24-hour a day, 7-days per week live-in programs that offer a supervised, structured, supportive recovery environment. These programs, usually 90-days in length, offer clients a period of stabilization in a clean and sober environment.

Services include individual and group counseling, relapse prevention, referrals for education/vocational counseling, structured therapeutic activities. Attendance and participation in 12-Step Support activities is stressed.



DIABLO VALLEY RANCH

Bi-Bett Corporation Diablo Valley Ranch11540 Marsh Creek Rd.
Clayton, CA 94517

(925) 672-5700 (925) 672-1374

Person(s) in Charge:

Henry Dillihant

Provides a 90-day residential recovery and relapse prevention program for ambulatory and mentally competent adult men who are alcohol or drug dependent. Service includes individual counseling, group growth and education sessions, recreational activities, vocational services and assistance to residents in obtaining community support services.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. On one will be denied services based on inability to pay.

Eligibility: Men (only) 18+ years of age. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Take Concord BART Station, take County Connections bus #110C

ADA Accommodations: Wheelchair Accessibility, TTY Line, Interpreter for Deaf Can be Arranged.

Language: English, limited Spanish and Tagalog



EAST COUNTY WOLLAM HOUSE

BI-Bett Corporation
East County Wollam House
510 Wollam Avenue
Bay Point, CA 94565

(925) 458-1978 (925) 458-8996 FAX

Person(s) in Charge:

Toni Wilder

Social model recovery program for alcohol or drug abusing pregnant and/or parenting women, women with children and non-pregnant or parenting women, 18+ years of age. Residents must be able to interact in an environment with children 0-5 years of age. Services include drug and alcohol education, Relapse Prevention, women's issues, living skills and linkages to community resources including aftercare outpatient counseling services.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and Parenting Women 18+ years of age and their Children 0-5 years of age. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: ½ block from Bay Point BART Station

ADA Accommodations: Wheelchair accessibility. TTY line and Interpreter for Deaf available when needed.

Language: English only, Spanish and Tagalog interpreters available when needed.



FREDERIC OZANAM CENTER

Bi-Bett Corporation Frederic Ozanam Center2931 Prospect Ave.
Concord, CA 94520

(925) 676-4840 (925) 676-1315 FAX

Person(s) in Charge:

Roberta White

Social model recovery home for alcoholic and drug addicted women. Services include 24-hour residential support, alcohol and drug education, individual counseling and group interaction, individual and family recovery planning, nutritional guidance and personal development, participation in Alcoholics Anonymous and other Self-Help support groups, assistance in obtaining childcare, vocational training and family program, and supportive alumnae program.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Women (only) 18+ years of age. Must be Contra Costa resident. Pregnant women in first tow trimesters of pregnancy.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Three blocks away from the Concord BART Station

ADA Accommodations: Wheelchair accessible, TTY Line (925) 676-4648,

Interpreter for Deaf.



DISCOVERY HOUSE

Contra Costa County Discovery House 4645 Pacheco Blvd. Martinez, CA 94553

(925) 646-9270 (925) 646-9276 FAX

Person(s) in Charge:

Bob Reed

Provides a 90-day residential substance abuse treatment program for men utilizing a therapeutic community/social modality. Services include individual, group, and family counseling, psychological and physical evaluation, chemical dependency and co-dependency education, 12-Step work, Narcotics Anonymous meetings, and recreational activities. Arranges for vocational rehabilitation and other services as needed. Some slots available through BASN Parolee Project.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding fee Scale. No one will be denied services based on inability to pay

Eligibility: Men (only) 18-64 years of age. Must be Contra-Costa resident

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pleasant Hill BART, take County Connections bus #116

(headed towards Am-Track), get off at Pacheco and Arthur.

ADA Accommodations: Wheelchair accessibility

Language: English only



FAUERSO RECOVERY CENTER

Neighborhood House of North Richmond Fauerso Recovery Center 208 23rd Street

Richmond, CA 94801

(510) 232-4803 (510) 232-0882 FAX

Provides a 90-day recovery program for males 18-64 years of age with substance abuse problems. Services include individual and group counseling, peer shelf-help groups, drug and alcohol education recreation, referrals for vocational and educational training and skill upgrading opportunities.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

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Eligibility: Men (only) 18+ years of age. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Richmond BART, AC Transit Bus #76, walk down MacDonald

Ave. to 23rd St.

ADA Accommodations: Wheelchair accessibility



SUNRISE HOUSE

Sunrise House

135 Mason Circle Unit M Concord, CA 94520

(925) 825-7049 (925) 825-4305

Person(s) in Charge:

Terry Whitney

Provides 90-day residential treatment for adult men only. Specialized relapse Prevention groups available, outpatient available, though not funded by Contra Costa County. Services include structured education, life skill, process groups, individual counseling, and connection to county vocational services and referral to local community resources. Family group available to all.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scales. No one will be denied services based on inability to pay. Private insurance accepted.

Eligibility: Men 18 years of age or older. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: North Concord/Martinez BART Station. Check County

Connection for bus schedule.

ADA Accommodations: None

Language: English only



Ujima Family Recovery Services La Casa ujima

904 Mellus Street Martinez, CA 94533

(925) 229-0230 (925) 2290233 FAX

Person(s) in Charge:

Joyce Penalver

Residential drug and alcohol services for pregnant and parenting women. Parenting program, and child care services are offered at the following programs: 1) The Rectory Women's Recovery Center in San Pablo and 2) La Casa Ujima in Martinez.

Services include assessment, treatment planning, addiction education, prevocational skill building, specialized women's issues and health groups, parenting education, child enrichment services and other perinatal related services.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Women (pregnant and/or parenting) 18+ years of age and their children 5 years of age and under. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pleasant Hill BART, take County Connections bus #116

ADA Accommodations: None



DETOXIFICATION





Residential Detoxification facilities provide a 24-hour, nonmedical milieu to withdraw from alcohol and/or other drugs. These programs are usually three (3) to seven (7) days in length. Clients are monitored, given information, motivated and referred to longer-term treatment.

EAST COUNTY DETOX

Bi-Bett Corporation East County Detox500 School Street
Pittsburg, CA 94565

(925) 458-1616 (925) 427-4217 FAX

The DETOX PROGRAM offers a 3-7 day social model alcohol and drug detoxification program. Provides 24 Hour detoxification for ambulatory men and women 18+ years of age with no serious mental or physical problems. Clients are encouraged to enroll in an ongoing alcohol/drug recovery program. Emphasis is on wellness and includes AA/NA meetings, rap groups, films, healthful food, rest exercise and a drug free environment.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to

pay.

Eligibility: Co-ed (Men and Women) 18+ years of age. Must be contra Costa

resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Pittsburg BART, take Tri Delta Bus #388

ADA Accommodations: Wheelchair accessibility



HOLLOMAN DETOX

Neighborhood House of North Richmond Holloman Detox

208 23rd Street Richmond, CA 94801

(510) 233-1270 (510) 233-0882 FAX

Person(s) in Charge:

Don Taylor

Provides 24-hour non-medical supervised detoxification service, up to 7-days, for ambulatory men and women 18-64 years of age. In addition to a safe, drug free environment, clients are introduced to 12-Step programs, provided individual and group counseling, are assessed for ongoing recovery services and provided

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pa: Apply by telephone by calling 1-800-846-1652.

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pleasant Hill BART, take County Connections bus

ADA Accommodations: Wheelchair accessibility

Language: English, Spanish, and Vietnamese



Bi-Bett Corportation Pueblos del Sol2090 Commerce Ave.
Concord, CA 94520

(925) 676-2580 (925) 676-1315 FAX

Person(s) in Charge:

Richard Reveles

Provides 24-hour non-medical supervised detoxification service, up to 7-days, for ambulatory men. In addition to a safe, drug free environment, clients are introduced to 12-Step programs, provided individual and group counseling, are assessed for ongoing recovery services. Pueblos del Sol also provides the only 90 to 120 day residential substance abuse treatment program for Spanish speaking men utilizing a therapeutic community social modality. Services include individual, group, and family counseling, psychological evaluation, chemical dependency and co-dependency education 12 Step, work, and recreational activities. Arranges for vocational rehabilitation and other services as needed.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pa: Apply by telephone by calling 1-800-846-1652.

Eligibility: Men (only) 18 years of age and older. Must be Contra Costa resident. For Residential program must be monolingual Spanish only.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Concord BART, take County Connection Bus #118

ADA Accommodations: Wheelchair ramp

Language: English and Spanish

Me

Children, Youth and Family Continuum of Care

A variety of prevention and treatment services are available to youth in Contra Costa County through the Contra Costa County Community Alcohol and Other Drugs Services Division. These services are designed to assist communities, families and individuals in reducing and preventing substance abuse, support recovery and change family and community conditions that contribute to a person's substance abuse problem.

Service Priorities

- * Children and youth, whose parents have alcohol or drug addiction, are in treatment or recovery;
- * Families and significant others that suffer the effects of another person's

alcohol or drug addiction, abuse or dependency problems;

* Populations and groups with special needs such as preschoolers, school

dropouts, youth in juvenile detention facilities or juvenile justice system,

runaway and homeless children and youth, pregnant and parenting teenagers, children and youth served by social welfare systems;

- * Immigrants, refugees, racial and ethnic minorities, particularly native Americans, African Americans, Latinos and Asian Pacific Islanders;
- * Residents of public housing, families and individuals living in communities

subsidized by local and/or federal government or defined as enterprise

zones;

* Youth unable to function in regular settings, e.g., continuation, community

and alternative schools

Portals of Entry

Portals of entry are Schools, Juvenile Justice System, Children's Protective Services, Health Services, Mental Health, Public Health, Foster Care, Group homes, Homeless Shelters, and other Youth Diversion programs.

Assessment

A youth referred to a treatment program for assessment fits the same criteria than a youth referred to a 'high risk" prevention group but the severity of use and behavioral problems have resulted in more serious consequences. A standardized assessment is required to establish the severity of addiction, emotional, psychological, or environmental conditions that contribute to the AOD problem. Results determine treatment placement level of care or appropriate referral to mental health, children protective services, etc.



YOUTH SERVICES, continued

Outpatient Low Intensity

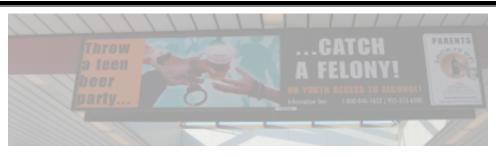
Outpatient low intensity treatment services are structured in terms of treatment philosophy and (a) number and length of group treatment sessions: (b) number and length of educational groups and topics covered: (c) number and length of individual sessions; (d) number and length of family sessions; (e) criteria for accepting or terminating youth. Standardized assessment and treatment plans are required. Modality includes after care and relapse prevention. Treatment dosage ranges from one to seven hours per week for sixteen to twenty four weeks (4-6 months).

Outpatient High Intensity

Outpatient high intensity treatment services are structured in terms of treatment philosophy and (a) number and length of educational group treatment sessions: (b) number and length of educational groups and topics covered: (c) number and length of individual sessions; (d) number and length of family sessions; (e) criteria for accepting or terminating youth. Assessment and treatment plans are required. Modality includes after care and relapse prevention. Treatment dosage requires nine hours per week for 12 weeks (3 hours for parents and 6 hours for youth).

Residential

Residential treatment services are structured in terms of treatment philosophy and (a) number and length of group treatment sessions; (b0 number and length of educational groups and topics covered; (c) number and length of individual sessions; (d) number and length of family sessions; (e) criteria for accepting or terminating youth. Assessment and treatment plans are required. Modality includes after care and relapse prevention. Treatment dosage is twenty-four hours per day for 45 days, and 45 days intensive outpatient at residential facility.





CENTER FOR HUMAN DEVELOPMENT

Center For Human Development Headquarters

391 Taylor Blvd. Suite#120 Pleasant Hill, CA 94523

(925) 687-8844 (925) 687-6903 FAX

Person(s) in Charge:

Elaine Prendergast

CHD offers school-based prevention programs that involve leadership development, capacity building, alcohol and drug abuse education, and alcohol and drug free events and activities. The Parent Educator Program trains parent volunteer to present alcohol and other drugs (AOD) curricula to elementary age students. The Youth Educator program trains high school student volunteers to present AOD curricula to elementary-age students. The New Experiences in Acceptance and Trust (NEAT Family) provides youth alcohol and drug education to change high-risk behaviors and to increase responsible choices.

Hours of Operation: Monday thru Friday 8:30 am to 5 pm

Fees: Prevention services are free.

Eliqibility: Youth 11-18, Adults. Must be Contra Costa County resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Martinez, Pine Street: Take County Connection Bus #118 to Diablo Valley College, transfer to County Connection Bus #109, get off at Taylor and Norse, walk across street to Lucille. From Downtown Concord BART (Off Clayton Road): Take County Connection Bus #110 to Diablo Valley College, transfer as in directions above. From Pleasant Hill BART: Take County Connection Bus #109 to Taylor and Norse, get off and walk across street to Lucille.

ADA Accommodations: Wheelchair accessibility

Language: English only



COMMUNITY PARTNERSHIP PROGRAM

Alcohol and Other Drugs Services Administration Community Partnership Program

597 Center Avenue, Suite #320 Martinez, CA 94553

(925) 313-6311 (925) 313-6390

Person(s) in Charge:

Fatima Matal Sol

The Community Partnership Program provides technical assistance, training and resources to regional substance abuse alcohol and drug abuse prevention coalitions and grassroots organizations. The Community Partnership approach to substance abuse prevention is based on coalition building, collaboration, and environmental strategies to promote "A Drug and Alcohol Free Contra Costa County". The Community Partnership forum, an alliance of local prevention groups works with the Alcohol and Other Drugs Advisory Board (AODSB) to implement Contra Costa County's Alcohol and Other drugs Abuse Action Plan, to increase substance abuse treatment and prevention services for youth, to organize the recovery community to advocate on behalf of clients and their families, and to increase support for public policy and environmental strategies aimed at the reduction of alcohol availability and youth access to alcohol.

Hours of Operation: Partnership Program hours Monday-Friday 8am-5pm; Partnership forum meets every first Wednesday of the month 4pm-6pm; staff availability for evening and weekend activities subject to prior scheduling.

Fees: Prevention services are free of cost.

Eligibility: Contra Costa county Residents, community-based groups, coalitions and organizations, with emphasis on youth, persons in recovery and ethnic minorities.

Transportation: If transportation is barrier to attending Partnership forum or prevention activities, call staff to make arrangements. Service delivery sites vary according to region or program specific events and activities.



DISCOVERY COUNSELING CENTER OF SAN RAMON VALLEY, INC

Of San Ramon Valley, Inc.
Treatment and Prevention
115 Town & Country Dr., #A
Danville, CA 94526

(925) 837-0505 (925) 837-0568 FAX

Person(s) in Charge:

Thom Martin

Provides alcohol abuse prevention and treatment services, short-term counseling, drug and alcohol information, referrals, workshops, and special programs in the school.

Hours of Operation: Monday thru Friday 9 am to 5 pm

Fees: Prevention services are free. Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women) all ages. Must be Contra Costa resident.

Area Served: South County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Martinez, Pine Street: Take County Connection Bus #118 to Diablo Valley College, transfer to County Connection Bus #109, get off at Taylor and Norse, walk across street to Lucille. From Downtown Concord BART (Off Clayton Road): Take County Connection Bus #110 to Diablo Valley College, transfer as in directions above. From Pleasant Hill BART: Take County Connection Bus #109 to Taylor and Norse, get off and walk across street to Lucille.

ADA Accommodations: Wheelchair accessibility, and parking for handicap

Language: English, Hebrew, Hindi, and Italian.



FRIDAY NIGHT AND CLUB LIVE PROGRAMS

Center for Human Development

Friday night & Club Live 391 Taylor Blvd. Suite# 120 Pleasant Hill, CA 94523

(925) 687-8844 (925) 687-6903 FAX

Person(s) in Charge:

Emily Justice

Center for Human Development is the County Coordinator for Contra Costa County for the statewide Friday Night Live/Club Live programs. There are five chapters at two high schools and three middle schools and a Youth Council. Friday Night Live and Club Live build partnerships for positive and healthy youth development, which engage youth as active leaders and resources in their communities. The service goal is to create a safe environment where young people can develop leadership skills while planning and implementing projects in their schools and or community.

Hours of Operation: Chapter meetings are generally held after school.

Fees: Prevention Services are Free.

Eligibility: Co-ed. Friday Night Live and the Youth Council are for high school students. Club Live is for middle school students. Must be Contra Costa resident.

Area Served: East, West, and Central County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Depends on the school site where the chapter meetings are

held.

ADA Accommodations: Wheelchair accessibility

Language: English only



NEW CONNECTIONS

New Connections
Treatment and Prevention Programs
3024 Willow Pass Road
Concord, CA 94519

(925) 363-5000 (925) 363-5075 FAX

Person(s) in Charge:

Alan Stein

Community and school-based prevention and treatment services for youth who are at risk of or are using/abusing drugs and/or alcohol, and their families. Also provides an intensive outpatient-counseling program for adults who are abusing or addicted to drugs and/or alcohol.

Hours of Operation: Monday thru Thursday 9 am to 7 pm

Fridays 9am to 6pm

Saturdays by appointment only

Fees: Prevention services are free. Sliding Fee Scale for other counseling services. No one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa resident

Area Served: Central County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation:

ADA Accommodations: Wheelchair accessibility



NEW CONNECTIONS

New Connections Treatment and Prevention Programs 440 Railroad Avenue Pittsburg, CA 94565

(925) 4397111 (925) 439-7172

Person(s) in Charge:

Alan Stein

Community and school-based prevention and treatment services for youth who are at risk of or are using/abusing drugs and/or alcohol, and their families. Provides an intensive outpatient-counseling program for adults who are abusing or addicted to drugs and/or alcohol.

Hours of Operation: Monday thru Friday 12:00 pm to 5 pm, and by appointment

Fees: Prevention services are free. Sliding Fee Scale for other counseling services. No one will be denied services based on inability to pay.

Eligibility: Co-ed (Men and Women), all ages. Must be Contra Costa resident.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pittsburg BART, take Tri-Delta bus #387

ADA Accommodations: Wheelchair accessibility



R.E.A.C.H. PROJECT

R.E.A.C.H Project Treatment and Prevention 1915 "D" Street Antioch, CA 94509

(925) 754-3673 (925) 754-2002 FAX

Person(s) in Charge:

Mickie Marchetti

Provides counseling and prevention services for youth, families and adults with alcohol and drug abuse problems. Individual and family counseling, parent support groups, chemical dependency groups, communication skills, stress management for law enforcement, teachers, families, and classroom presentations.

Hours of Operation: Monday thru Friday 8:30 am to 5 pm

Fees: Prevention services are free. Sliding Fee Scale for counseling services. No one will be denied services based on inability to pay.

Eligibility: Co-ed, all ages. Must be Contra Costa resident.

Area Served: Antioch areas of East county

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From the Bay Point BART Station. Take Tri-Delta #380, get off at the Library on 18th St. and walk down to "D: St. (turn right)

ADA Accommodations: Interpreter for Deaf



THUNDER ROAD ADOLESCENT TREATMENT CENTER

ThunderRoad

390 40th Street Oakland, CA 94509

(510) 653-5040 (510) 653-6475 FAX

Person(s) in Charge:

Tom Gerstel

Residential treatment services for adolescents with a primary diagnosis of alcohol or drug dependence. Some county funding for teens involved in Juvenile Justice or Social Service system.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to

pay.

Eligibility: Youth (male and female) between the ages of 13-19 who are abusing or addicted to alcohol and/or other drugs. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: three blocks from the MacArthur BART Station

ADA Accommodations: Wheelchair accessibility

Language: English primarily. Spanish and Asian interpreters can be arranged

based on individual needs.



TI-CITIES DISCOVERY PROGRAM

Contra Costa County
Tri-Cities Discovery Program
2523 El Portal Dr. Suite 206
San Pablo, CA 94806

(925) 374-7011 (510) 374-7018 FAX

Person(s) in Charge:

Dorothy Haynes

Provides counseling and prevention services to youth and their families. Specializes in addiction/recovery services for teenagers and adults including family work with teens. The Center uses a 12-Step model for recovery.

Hours of Operation: Monday – Friday 8am-5pm (evening hours by appointment)

Fees: Prevention services are free. Sliding Fee Scale for counseling services. No one will be denied services based on inability to pay.

Eligibility: Co-ed, adolescents 12 years of age or older, family members of all ages. Must be Contra Costa resident.

Area Served: West County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation:

ADA Accommodations:

Language: English, Interpreter available by prior arrangement



WEST CONTRA COSTA YOUTH SERVCES BUREAU

Youth Services Bureau

263 South 20th Street Richmond, CA 94804

(510) 215-4670 (510) 215-9713 FAX

Person(s) in Charge:

Taalia Hasan

Prevention services include technical assistance, training, educational presentations, and substance abuse community-wide planning and evaluation processes, specific to three West Contra Costa County communities: Iron Triangle, Coronado, and Santa Fe neighborhoods.

Hours of Operation: Monday – Saturday 8am – 6pm

Some evenings to 9pm

Fees: None

Eligibility: Children, Youth. Must be Contra Costa resident.

Area Served: West County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Richmond BART Station, take AC Transit bus #74, get off

at 23rd and Florida St, walk down to 20th St. and make a left.

ADA Accommodations: Wheelchair accessibility



DUI/ PC 1000 OVERSIGHT



DUI/ PC 1000 Oversight are programs that are available to clients who have been referred by the Department of Motor Vehicles, by Courts, by Adult Probation and/or by Parole Officers to partake in a required Alcohol/Drug education program such as the following:

Driving Under the Influence Drug Court PC 1000 (drug Diversion)





FIRST OFFENDER DRINKING DRIVER PROGRAM

Bi—Bett Corporation First Offenders Drinking Driver Program500School Street
Pittsburg, CA 94565

(925) 439-1332 (925) 427-4217 FAX

Person(s) in Charge:

Sandi Mauricio

Licensed First Offender DUI Program, Level 1, addresses the problems of drinking and driving, serves as early identification mechanism for individuals who have a dependency on alcohol, and have been convicted of first offense drunk driving.

Hours of Operation: Monday thru Friday 10am-5pm

Tuesday/Thursday afternoon

Fees; financial fee assessment

Eligibility: Co-ed 18+ years, Court or DMV referred, must be Contra Costa

resident.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Pittsburg BART, take Tri Delta Bus #388

ADA Accommodations: Wheelchair/handicap accessible



MULTIPLE & FIRST OFFENDERS DRINKING DRIVER PROGRAM

Bi-Bett Corporation Multiple and First Offenders Drinking Driver Program

560 Lennon Lane, Suite 200 Walnut Creek, CA 94598

(925) 932-7791 (925) 932-7793 FAX

Person(s) in Charge:

Patricia Jarrat

Licensed DUI program for multiple offenders (the 18-month Post conviction Drinking Driver Program) and for first offenders that had a high blood alcohol content or other special circumstance (the 6month first Offender Program, Level 2).

Hours of Operation: Hours vary, Monday thru Friday 8 am to 5 pm

Fees: Financial fee assessment

Eligibility: Co-ed 18+ years, Court-referred or DMV-referred, must be Contra

Costa Resident.

Area Served: Central County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pleasant Hill BART Station, take County Connections

bus #107

ADA Accommodations: Wheelchair accessibility



NARCOTIC TREATMENT

These are programs for opiate addicted individuals. They offer narcotic replacement therapy in an outpatient maintenance, or detoxification milieu

Detoxification for Opiate Abusers

In most instances, methadone detoxification will be used. Detoxification treatment means the treatment modality whereby narcotic replacement (methadone) therapy is used in decreasing, medically determined dosage levels for a period not more than 21 days, to reduce or eliminate opiate addiction. Clients provided various types of counseling services, including HIV/AIDS testing and counseling, and medical assessment.

Methadone Maintenance Treatment

Methadone Maintenance treatment means that narcotic replacement is used in sustained, stable, medically determined dosage levels for a period in excess of 21 days, to reduce or eliminate chronic opiate addiction. Clients are provided a comprehensive range of counseling and medical services, including HIV/AIDS testing and counseling.

LAAM

Levoalphacetylmethadol (LAAM) can also be used for opiate addicted individuals as a narcotic replacement. LAAM provides a longer acting effect, these patients may only be medicated three times per week.





METHADONE MAINTENANCE & DETOXIFICATION BAY AREA ADDICTION RESEARCH AND TRATMENT WEST

BAART

Methadone Maintenance & Detoxification 1313 Cutting Blvd. Richmond, CA 94804

(510) 232-0874 (510) 232-2625

Person(s) in Charge:

Evan Kletter

Provides outpatient detoxification, outpatient maintenance, individual, family or group counseling, and pregnant addict services. Also, provides job-counseling services to unemployed clients. AIDS services include confidential HIV testing, pre- and post-test counseling, information and referral, education and prevention and support groups.

Hours of Operation: Monday thru Friday 6 am 9:45 am, 11 am to 12:45 pm Weekends 7 am to11 am

Holidays 7 am to 10 am

Fees: sliding fee Scale. No one will be denied services based on inability to pay. MediCal Provider.

Eligibility: Co-ed 18+ years of age. Minors Accepted for Detox with Parent

Consent.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Take AC Transit bus #76, Del Norte BART Station

ADA Accommodations: Wheelchair accessibility

Language: English, Spanish, Filipino and Laotian



METHADONE MAINTENANCE & DETOXIFICATION BAY AREA ADDICTION RESEARCH AND TREATMENT FAST

BAART

Methadone Maintenance & Detoxification

45 Civic Avenue Pittsburg, CA 94565

(925) 427-2285 (925) 427-6675

Person(s) in Charge:

Stepen Sooter

Provides outpatient detoxification, outpatient maintenance, individual, family or group counseling, and pregnant addict services. Also, provides job-counseling services to unemployed clients. AIDS services include confidential HIV testing, pre and post-test counseling, information and referral, education and prevention and support groups

Hours of Operation: Monday thru Friday 6 am 2 pm

Saturday and Sunday 7 am to 9:45 am

Holidays 7 am to 10 am

Fees: sliding Fee Scale. No one will be denied services based on inability to

pay. MediCal Provider.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Take Tri-Delta bus #380 (Westbound)

ADA Accommodations: Wheelchair accessibility

Language: English and Spanish

.



WOMEN/PERINATAL SERVICES

CSAS SYSTEM OF Care Women's Services programs are for single women, pregnant women and post-partum and parenting women and their children who are substance dependent. CSAS is committed to providing and maintaining services for women based on "best practices" in the field of Substance Abuse. 47% of the Substance Abuse population served in Contra Costa County are women. This is comparable to approximately 35% of women served in California and 25% of women served nationally.

CSAS Women's Services strives to offer services that are women-centered and family-focused. CSAS promotes the philosophy of offering treatment with the most appropriate approach for supporting women and their families and reducing traditional barriers to care. We recognize the critical importance of cultural competency of staff in engaging and retaining women in treatment and the importance of the factors of culture, gender, and class in designing and delivering effective services.

CSAS offers treatment services for women that include residential recovery services for single women that include residential recovery services for single women, pregnant women and women and their children. Intensive Day Treatment (more than 9 hours a week of outpatient services), outpatient counseling, perinatal case management services, childcare services and parenting consultation is offered. CSAS has institutionalized relationships in Women's Services with the three major prenatal clinics in the County and the Regional Medical Center in Martinez.

CSAS Women's Services recognizes that women who are dependent on substances are not isolated from their families and communities therefore we promote a "relationship model" and approach to recovery. This is evidenced through the essential relationships that CSAS Women's Services has established with Contra Costa Health Services' Family Maternal child Health Programs, Mental Health, and the Social Service Department.

Significant number of the women served have been traumatized through poverty, stigma, guilt and shame, sexual assault, domestic violence, mental health issues and primary healthcare issues. Therefore, Women's Services leadership in staffing Alcohol, Drug Abuse Perinatal Task force (ADAPT) of Contra Cost county (established in 1987) an interagency coalition to reduce and reverse the negative consequences of substance use during pregnancy through service coordination, policy development and professional training is essential. In addition, CSAS' participation and leadership in the council for Perinatal Health (CPH), Breaking the Barriers Forums (with Social Services) an our initiatives in implementing SB2699, collaboration and cooperation with Social Services RE Child Welfare Services and CalWORKS is significant to CSAS' philosophy and values in providing safe, secure and supportive environments; advocacy in accessing services needed, and building effective linkages required for model women's Programs.

BORN FREE PROGRAM

Contra Costa County
Born Free Program

425 "C: Street Martinez, CA 94553

(925) 646-1165 (925) 646-1374 FAX

Person in Charge:

Adriane Appel

Provides accessible, nonresidential recovery services for pregnant and postpartum women who are at risk for chemical dependence for up to three years. Substance abuse counselors provide assessment, education, referrals, outreach and counseling. Assists chemically dependent mothers with parenting, home management and life skills. The program includes group, individual, parenting and family sessions. Referrals are made to 12- Step groups and other drug and alcohol programs as appropriate. Provides child care services.

Hours of Operation: Monday-Friday 8am –5pm

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay. Medi-Cal and CCHP accepted.

Eligibility: Pregnant and Parenting Women, and their Children 0-12 years of age. Must be Contra Costa resident.

Area Served: Central County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From the Pleasant Hill or concord BART Station, take County

Connections bus #116

ADA Accommodations: Wheelchair ramp only at clinic

Language: English only



EAST COUNTY WOLLAM HOUSE

Bi-Bett Corporation
East County Wollam House

510 Wollam Avenue Bay Point, CA 94565

(925) 458-1978 (925) 427-4217 FAX

Person(s) in Charge:

Toni Wilder

Social model recovery program for alcohol or drug abusing pregnant and/or parenting women, women with children and non-pregnant or parenting women, 18+ years of age. Residents must be able to interact in an environment with children 0-5 years of age. Services include drug and alcohol education. Relapse Prevention, women's issues, living skills and linkages to community resources including aftercare outpatient counseling services.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and Parenting Women 18+ years of age and their Children 0-5 years of age. Must be Contra Cost resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: ½ block from Bay Point BART Station

ADA Accommodations: Wheelchair accessibility, TTY line and Interpreter for Deaf available when needed.

Language: English only, Spanish and Tagalog interpreters available when needed.



FEDERIC OZANAM CENTER

Bi-Bett Corporation Frederic Ozanam Center2931 Prospect Street
Concord, CA 94520

(925) 676-4840 (925) 676-1315 FAX

Person(s) in Charge:

Roberta White

Social model recovery home for alcoholic and drug addicted women. Services include 24 hour residential support, alcohol and drug education, individual counseling and group interaction, individual and family recovery planning, nutritional guidance and personal development, groups assistance in obtaining childcare, vocational training and employment services, recreation and social functions, a structured family program and supportive alumnae program.

Hours of Operation: 24 hours per day, 7 days a week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Women (only) 18+ years of age. Must be Contra Costa resident. Pregnant women in first two trimesters of pregnancy.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: 3 blocks away from the Concord BART Station

ADA Accommodations: Wheelchair accessibility, TTY Line (925) 676-4648, and Interpreter for Deaf.

Language: English only, Spanish and Tagalog interpreters available when needed.



LA CASA UJIMA

Ujima Family Recovery Services La Casa Ujima

904 Mellus Street Martinez, CA 94553

(925) 229-0230 (925) 229-0233 FAX

Person(s) in Charge:

Joyce Penalver

Residential drug and alcohol services for pregnant and parenting women.

Parenting program, and childcare services are offered at the following programs:

1) The Rectory Women's Recovery Center in San Pablo and 2) La Casa Ujima in Martinez.

Services include assessment, treatment planning, addiction education, individual and group counseling, addictive family system education pre-vocational skill building, specialized women's issues and health groups parenting education, child enrichment services and other perinatal related service

Hours of Operation: 24hours per day, 7 days per week

Fees: Sliding gee Scale. No one will be denied services based on inability to pay.

Eligibility: Women (pregnant and/or parenting) 18+ years of age and their children 5 years of age and under. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pleasant Hill BART, take County Connections bus#116

ADA Accommodations: None



THE RECTORY

Ujima Family Recovery Services The Rectory

1901 Church Lane San Pablo, CA 94806

(510) 236-3134 (510) 236-3151 FAX

Person(s) in Charge

Naomi Smith

Residential drug and alcohol services for pregnant and parenting women. Parenting program, and childcare services are offered.

Services include assessment, treatment planning, addiction education, individual and group counseling, addictive family system education, pre-vocational skill building, specialized women's issues and health groups, parenting education, child enrichment services and other perinatal related services.

Hours of Operation: 24 hours per day, 7 days per week

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and/or Parenting Women 18+ years of age and their Children 0-11 years old. Must be Contra Costa resident.

Area Served: Countywide

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: Del Norte BART, then take AC Transit Bus #72

ADA Accommodations: Wheelchair accessibility

Language: English only at the moment.



UJIMA EAST

Ujima Family Recovery Services Ujima East

369 E. Leland Rd. Pittsburg, CA 94565

(925) 427-9100 (925) 427-9102 FAX

Person in Charge:

Naomi P. Smith

An out-patient intensive alcohol/drug counseling program that provides individual, group and family counseling; pregnancy support; parenting education; child care; life skills education; 12- Step support; relapse prevention education; and family reunification support.

Hours of Operation: Monday/Tuesday/Thursday/Friday 9 am to 1 pm

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and/or Parenting Women 18+ years of age and their children 0-17 years of age. Must be Contra Costa resident. Child care provided to children 0-5 years of age.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pittsburg BART Station, take Tri-Delta Bus #380 to

Harbor and East Leland Avenue

ADA Accommodations: None

Language: English only



Ujima Family Recovery Services Ujima West

3939 Bissell Street Richmond, CA 94805

(510) 215-2280 (510) 215-2283 FAX

Person(s) in Charge:

Bettie Thomas

An out-patient alcohol/drug counseling program that provides individual, group and family counseling Pregnancy support, parenting education, childcare, life skills education, 12 – Step support, relapse prevention education and family reunification support.

Hours of operation: Monday thru Friday 8 am to 4:30 pm

Fees: Sliding Fee Scale. No one will be denied services based on inability to pay.

Eligibility: Pregnant and/or Parenting Women 18+ years of age and their children 0-17 years of age. Must be Contra Costa resident. Child care provided to children 0-5 years of age.

Area Served: East County

Application Procedure: Apply by telephone by calling 1-800-846-1652.

Transportation: From Pittsburg BART Station, take Tri-Delta Bus #380 to

Harbor and East Leland Avenue

ADA Accommodations: None

Language: English only

OTHER SERVICES

Alcoholics Anonymous

(925) 939-4155

Al-Anon/Alanteen

(925) 932-6770

Cocaine Anonymous

1-800-787-7505

Maternal and Child Health Toll Free Information And Referral Service

1-800-696-9644

This service provides seven separate menu selections: Including nutrition and anemia, immunization, well childcare, prenatal care, HIV testing, family planning, and teen services.

Rape Crisis Center

2023 Vale Road, suite 2 San Pablo, Ca 94806 (510) 237-0113 (800) 670-7273 HOTLINE



CROSS INDEX BY REGION

REGION I

Program	City	
Bay Area Addiction Research and Treatment	Richmond	
Fauerso Residential recovery Program	Richmond	
Holloman Detoxification Program	Richmond	
The Rectory	San Pablo	
Tri-Cities discovery Program	San Pablo	
Ujima-West	Richmond	
West Contra Costa Youth Services Bureau	Richmond	

REGION II

Program	City
Born Free	Martinez
Discovery House	Martinez
La Casa Ujima	Martinez
Tri Cities Discovery Program	San Pablo

REGION III

Program	City
Bi Bett Corporation – DUI	Walnut Creek
Discovery Center of San Ramon Valley, Inc.	Danville

REGION IV

Program	City
Center for Human Development	Pleasant Hill
Diablo Valley Ranch	Clayton
Frederic Ozanam Center	Concord
Pueblos del Sol	Concord
Family Stress Center	Concord
New Connections	Concord
Sunrise House	Concord

REGION V

Program	City
Bay Area Addiction Research and Treatment	Pittsburg
Bi Bett Corporation	Pittsburg
(First Offender-Drinking Driver Program)	
Center For Human Development	Antioch
East County Detoxification Program	Pittsburg
New Connections	Pittsburg
R.E.A.C.H. Project	Antioch
Ujima East	Pittsburg
Wollam House	Bay Point